



STATE OF MAINE
 BOARD OF NURSING
 158 STATE HOUSE STATION
 AUGUSTA, MAINE
 04333-0158

JOHN ELIAS BALDACCI
 GOVERNOR

MYRA A. BROADWAY, J.D., M.S., R.N.
 EXECUTIVE DIRECTOR

IN RE: **SIGRID E. BRECKEN**)
 of Portland, Maine)
 License No. P009194)
 License No. R037660)

**CONSENT AGREEMENT
 FOR VOLUNTARY
 SURRENDER OF LICENSE**

INTRODUCTION

This document is a Consent Agreement regarding Sigrid E. Brecken’s license to practice practical nursing and registered professional nursing in the State of Maine. The parties enter into this Agreement pursuant to 32 M.R.S.A. § 2105-A(1-A)(C) and 10 M.R.S.A. § 8003(5)(B), (5)(D). The parties to this Consent Agreement are Sigrid E. Brecken (“Licensee”), Maine State Board of Nursing (“Board”) and the Office of the Attorney General, State of Maine. The parties met in an informal conference on April 7, 2006. The parties reached this Agreement on the basis of complaint and provider report submitted by Maine Medical Center dated November 15, 2005.

FACTS

1. Sigrid E. Brecken has been licensed as a licensed practical nurse since 1987. Ms. Brecken has also been licensed as a registered professional nurse since 1994.
2. Sigrid E. Brecken admits that she diverted scheduled drug (Oxycodone and Percocet) from the Pyxis system at Maine Medical Center for a period of six months for her own personal consumption. She indicated that she diverted between 10 and 20 Oxycodone or Percocet tabs per week.
3. Sigrid E. Brecken was diagnosed with an opiate dependence and she admits that she has a drug problem. She completed a treatment program at the Southern Maine Medical Center Chemical Dependency Recovery Program January 15, 2006 to February 15, 2006. Ms. Brecken stated that she has been drug free since October 27, 2005.
4. Sigrid E. Brecken lacks sufficient follow-up substance abuse treatment since her discharge from the Southern Maine Medical Center treatment program.
5. Sigrid E. Brecken has offered to surrender her licensed practical nurse license and her registered professional nurse license.



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Sigrid E. Brecken

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AGREEMENT

5. The Maine State Board of Nursing will accept Sigrid E. Brecken's voluntary surrender of her practical nursing license and her registered professional nurse license.
6. Sigrid E. Brecken understands that based upon the above-stated facts this document imposes discipline regarding her license to practice practical nursing and registered professional nursing in the State of Maine under 32 M.R.S.A. § 2105-A (2)(A), (2)(B), (2)(F), (2)(H) and Chapter 4, section 1(A)(1), 1(A)(2), 1(A)(6), 1(A)(8), Chapter 4, section 3.K., 3.P. and 3.Q. of the Rules and Regulations of the Maine State Board of Nursing.
7. Sigrid E. Brecken agrees and understands that she may petition the Board for reinstatement of her nursing licenses one year from the effective date of this Consent Agreement. However, her license will remain on surrender status and subject to the terms of this Consent Agreement indefinitely until and unless the Board, at Ms. Brecken's written request, votes to reinstate Ms. Brecken's license. Ms. Brecken agrees and understands that if the Board reinstates her license, it will be for a probationary period.
8. Sigrid E. Brecken will abstain completely from the use of alcohol and drugs, with the exception of prescribed medications by her health care provider(s) who is aware of Ms. Brecken's substance abuse history.
9. Sigrid E. Brecken will seek an aftercare treatment program and will provide the Board with documentation regarding her rehabilitation from a licensed substance abuse counselor. Ms. Brecken will remain in aftercare treatment to such an extent and for as long as her treatment provider(s) recommend.
10. Sigrid E. Brecken understands that this document is a Consent Agreement that affects her rights to practice practical nursing and registered professional nursing in the State of Maine. Ms. Brecken understands that she does not have to execute this Consent Agreement and that she has the right to consult with an attorney before entering the Consent Agreement.
11. Sigrid E. Brecken shall not work or volunteer, in any capacity, for a health care provider as defined by Title 24 M.R.S.A. § 2502 (2) or in any position holding herself out as a licensed practical nurse or registered professional nurse with the designation, L.P.N. or R.N. including, in a veterinarian's office, while her nursing licenses are surrendered. In addition, Ms. Brecken is not to seek employment where the handling or dispensing of drugs is part of the job responsibility.

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12. If Ms. Brecken fails to meet any of the obligations of this Consent Agreement, the Board may take any disciplinary action, which it deems appropriate and impose any of the sanctions, including but not limited to that found in Title 10 M.R.S.A. § 8003 and Title 32 M.R.S.A. § 2105-A.
13. Modification of this Consent Agreement must be in writing and signed by all parties.
14. This Consent Agreement is not subject to review or appeal by the Licensee, but may be enforced by an action in the Superior Court.
15. Sigrid E. Brecken affirms that she executes this Consent Agreement of her own free will.
16. This Consent Agreement becomes effective upon the date of the last necessary signature below.

I, SIGRID E. BRECKEN, HAVE READ AND UNDERSTAND THE FOREGOING CONSENT AGREEMENT. I UNDERSTAND THAT BY SIGNING IT, I WAIVE CERTAIN RIGHTS. I SIGN IT VOLUNTARILY, WITHOUT ANY THREAT OR PROMISE. I UNDERSTAND THAT THIS CONSENT AGREEMENT CONTAINS THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND.

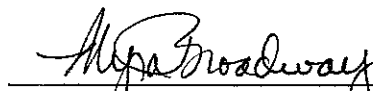
DATED: 5-17-06



SIGRID E. BRECKEN

**FOR THE MAINE STATE
BOARD OF NURSING**

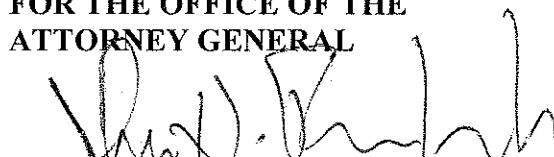
DATED: May 23, 2006



MYRA A. BROADWAY, J.D., M.S., R.N.
Executive Director

**FOR THE OFFICE OF THE
ATTORNEY GENERAL**

DATED: May 23, 2006



JOHN H. RICHARDS
Assistant Attorney General